
Heidi Dulebohn

MASTERING SOCIAL CODES IN LIFE:
DINING ETIQUETTE FOR THE FAMILY



"The dinner hour is a sacred, happy time when everyone should be together and relaxed."

JULIA CHILD

The art of etiquette has morphed in modern times and in order to make sure it is not completely lost, why not set aside some time as a family to learn a new set of skills that will deliver for a lifetime.

Learning together as a family is always fun, especially in a friendly environment that involves a nice meal. There are not many opportunities like this where you can learn a set of skills and also slow down to enjoy one another's company.

In this 1 hour virtual or in-person experience, Heidi will break down the social codes of dining etiquette in an engaging way, so you can understand them, appreciate the traditions, and have a little fun.

Everyone will be competent to navigate a table setting, either at a restaurant or home and be familiar with what is considered proper behavior at the table. Heidi will make learning fun for the family and answer the "why's" along the way. Interaction is encouraged and welcomed.

While adults will learn some new skills or refresh some old ones, this session will introduce children, ages 5-12, to basic table manners. Adults will leave inspired to put the gift of proper table manners into practice daily at home. Children will leave with new skills that will be a trusty asset throughout their lives.



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In this memorable experience, participants will learn::

- How to prepare for a meal
- How to set the table and a brief history behind it
- How and when to use your napkin
- How to hold and use utensils
- How to conduct yourself at the table
- The unspoken codes of dining etiquette

DURATION: 1 HOUR